

This Week at QJS February 12, 2021

Where we Live, Laugh and Learn the way of our Nations with *Responsibility, Respect, Cooperation, and Kindness*

H&S Update:

New Public Health Order Feb. 4, 2021



Daily Health Check: to complete each day prior to coming to school.

<https://www.k12dailycheck.gov.bc.ca/>

School District Health & Safety teams met this week to update the district plans. Schools will meet next week to do a safety walk through of each school to identify areas we can improve safety measures. Our QJS team will be paying particular attention to crowded areas and congested times. We will be asking both staff and students to adjust to new and safer routines.

We will share any changes with staff, students and families as soon as possible.

At this time, students and staff need to do the following:

- 1- Physical Distance- attempt to maintain distance (even when wearing a mask)
- 2- Minimize face to face interactions and avoid close contact
- 3- Wear mask in all areas of the school, including outside, unless you are seated at a work station, protected by a barrier, or eating/drinking (limit time)
- 4- Practice careful hand hygiene going in and out of every space

[February 12, 2021 Message from Superintendent Miller](#)

[February 4, 2021 - NEWS RELEASE Enhanced safety measures for K-12 schools](#)

[February 4, 2021 - KEY MESSAGES BCCDC Updated Public Health Guidance for K-12 Schools](#)

The Construction Zone: QJS 3.0

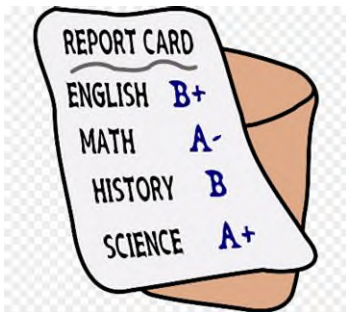
New Building Update - On time and on budget!

Congratulations Team

Super exciting to see the changes this week. A big milestone!



**Thanks to the Jen-Col
team who kept working
in the freezing
temperatures all week!**



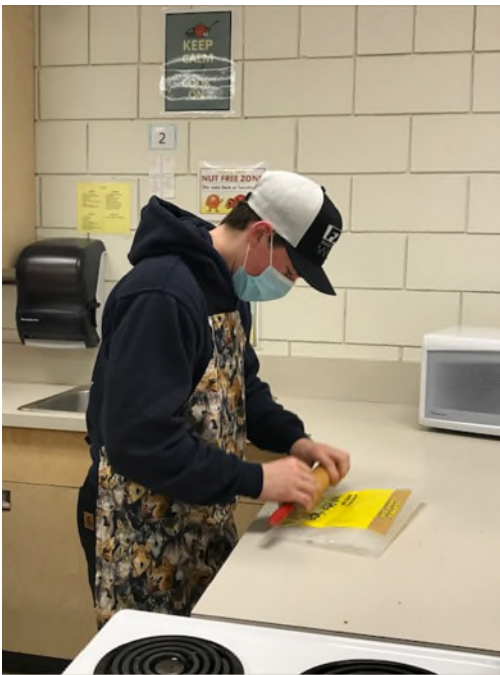
Report Cards

Report Cards went out Thursday for French Immersion and Grade 9 students. Reports are also be available on the Parent Portal. If you need help accessing the parent portal, please all the school and speak with our Admissions Secretary, Ms. Hawkins.

Next Grade 8 Report Cards come out April 14

Food Studies:

Making Ice Cream on the Coldest Day of the Year



Lots happens at school even on those really cold days! Homemade ice cream can be so much fun to make. Ask your child for their recipe 😊

Food Sharing: a dangerous way to add risk to your friends. Families please understand that at this time we cannot bring food or drink items to share with others.

PARKING LOT

Drop off and pick up your student at the North end of the parking lot please; to ensure cars are not blocking the road access.



We can have near misses when students scamper between cars.

Let's Reduce our Environmental Impact



We go through approximately 150 waxed paper cups each day. Help us make a difference by bringing your own water bottle to use. Refill yours at the water fountains here at school.

Masks, another way to reduce waste! Enhance your style by wearing your reusable mask. The paper ones we give out daily end up in the garbage. Help be part of the global solution.

PAC UPDATE Next meeting – TBD we will let you know ...

We have our Executive. We would like to thank the following people willing to step into the following roles for this year:

Melissa Pollock – President
Vacant - Vice President
Tania Fucceneco – Treasurer
Nancy Lilienweiss – Secretary

Thanks so much to those who attended the meeting.





NEW: IN THE PARENT'S CORNER

Information for Parents

Pressure for Pics in the Pandemic

Girls Feeling Pressured Online

Sexual exploration is a natural part of growing up, which is so much about being seen as cool and desirable by peers. Girls get a lot of attention for looking “sexy.” Now with social media, they can also get unwanted solicitations.

To read more about how to support and talk with your child about this click the link:

[https://www.screenagersmovie.com/tech-talk-tuesdays/8dm33cggqlx5pzz5uew6epdjs97fam?ct=\(N_COPY_02\)&mc_cid=f017745af3&mc_eid=e21bafb256](https://www.screenagersmovie.com/tech-talk-tuesdays/8dm33cggqlx5pzz5uew6epdjs97fam?ct=(N_COPY_02)&mc_cid=f017745af3&mc_eid=e21bafb256)

****If you have concerns or would like support for your child please contact one of our counselors:**

Peterjespersen@sd28.bc.ca

Jenniferstevenson@sd28.bc.ca

Parents: Care for yourself one small way each day

Find new ways to safely connect with family and friends, get support, and share feelings

Take breaks to relax and unwind through yoga, music, gardening, or new hobbies

Treat yourself to healthy foods and get enough sleep

Take care of your body and get moving to lessen fatigue, anxiety, or sadness

Substance Abuse and Mental Health Services Administration
Disaster Distress Hotline: call or text 1-800-985-5990

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Young Adults: Care for yourself one small way each day

Find creative ways to safely spend time with friends, like virtual movie parties.

Head outdoors and get moving

Treat yourself to healthy foods and get enough sleep.

Remember you're not alone.

Make time to relax by reading, listening to music, or exploring a new hobby.

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Moose Hide Campaign

Stand Together for Moose Hide Campaign Day

https://www.youtube.com/watch?v=YFsgEJ19H-g&feature=emb_logo

On February 11, you are invited to take part in the 10th Annual Moose Hide Campaign. This campaign is a grassroots movement of Indigenous and non-Indigenous men and boys standing up against violence towards women and children. By wearing a moose hide patch and taking part in other events, you will be demonstrating your commitment to giving women and children the respect, safety and security they deserve. The inspiration for this national campaign came to the founders Paul Lacerte and his daughter Raven during a moose hunting trip along the Highway 16 (The "Highway of Tears") in northern B.C., where many women have been murdered or gone missing.



**LOUIS RIEL
DAY
TALENT
SHOWCASE**

When
FEBRUARY.15-24.2021

"MY PEOPLE WILL SLEEP FOR 100 YEARS, BUT WHEN THEY AWAKE, IT WILL BE THE ARTIST WHO GIVE THEM THEIR SPIRIT BACK". ~LOUIS RIEL 1885~

Join us and show case your talent! Post a song/picture/poem to the North Cariboo Metis Association facebook page for your chance to win! Accepting all forms of art.



SPORTS AND EVENTS:

Basketball Practices Are Underway

Coach: Cyril Tobin Gr 8

Mondays and Thursdays from 3:00 – 5:00

Coach: Jack Redden Gr 9

Tuesdays and Wednesdays from 3:00 – 4:30



Due to COVID BC School Sports has worked hard with school districts to put in place protocols, which hope to keep everyone safe while learning skills and drills. There will not be “game play” and everyone must be diligent in following procedures. Any questions or concerns please contact the coach or Mrs. Simpson 250-255-6057.



****Wearing Masks on Busses!**

If you have concerns please contact the school or the bus garage (250-992-8361).

All students must wear their mask for the duration of the bus ride. Students must have a mask on prior to boarding the bus. Students who repeatedly disregard this may expect to arrange for alternate transportation to and from school.





**Know about something going on?
Please let us know.**

We work with families and students to resolve issues. The problems that continue are usually the ones we do not know about yet! Contact us: 250-255-6057, 250-747-2103
School safety is a shared responsibility that requires cooperation, collaboration and communication.

See Something Going Wrong, Take Action!

For more information check out
<https://www2.gov.bc.ca/gov/content/erase>

CLOSED CAMPUS

Sign in and Sign out Procedures

Only your child please. At this time, we are not able to have students riding with other families. Students are not to be traveling with others. Sorry no trips out for lunch with a bunch of friends, even with a parent. Parents are welcome to deliver lunch or a treat for their own child 😊

Picking up your child? Please call the office (250-747-2103) to let us know you are here to pick up your child. We will give your child a **permission slip to show staff we have recorded them absent at the office.**

Please Remember



Nuts & Scents
Free School



Upcoming Dates

February 23 -Math Contests for registered students

March 2 -Correlieu Principal visits to talk to Gr 9 students

March 9 -Correlieu Counselors visit to talk with Gr 9 students about course selections

March 12 –Term 2 ends for Gr 8 students

March 15 - 26 Spring Break

April 2-5 Easter Long Weekend

April 14 -Gr 8 Report Cards go home

April 16 -Gr 9 Third Term ends

April 23 –Pro-D Day (no school for students)

Absent or Away?

Let us know.

Call 250-747-2103, or

Email qjs@sd28.bc.ca

You are able to enter an absence on the form located on our website <http://www.qjs.sd28.bc.ca/>