

This Week at QJS Mar. 4, 2022

**Where we Live, Laugh and Learn the way of our Nations with
*Responsibility, Respect, Cooperation, and Kindness***



NEW QJS MASCOT and LOGO Idea Generation Phase

***hand or email in your submission to the QJS office
-Submission Form located at end of newsletter**

As we move into the new school, it is time to leave our Spartan Mascot and Logo behind; to create a new story.

We are interested in your suggestions and ideas for a new Mascot that represents our current place and time. We are situated on Lhtako Band territory, in the Cariboo region. The Mascot we choose will reflect our connection with nature, our land and values and character traits desirable for our young adults to aspire to on their path to adulthood.

Selection Process by Committee

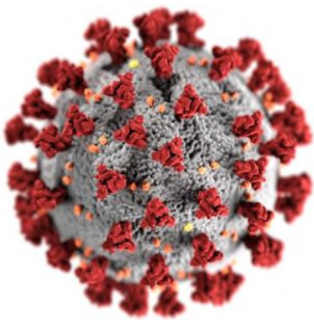
Two Phases:

- 1. Idea Generation Phase: March 1- April 3**
- 2. Concept Design Phase: April 8-28**

Process:

- 1-Establish a committee for selection (Sr. Team rep, School Staff reps, Indigenous reps, Students)**
- 2-Mar. 1, 2022 Open Idea Generation Phase for submissions (staff, students, community members) with submissions submitted to the QJS office**
- 3-Mar. 18, 2022 - Close submissions Idea Generation**
- 4-Committee selects “the top 4”**
- 5-Mar. 19-April 3 - Open survey for students/community to provide feedback (not a vote)**
“I would choose _____ because _____”
- 6-Committee makes final selection from presented ideas**
- 7-April 8-27 Concept Design Open process to community**
- 8-April 28th Concept Design entries Due April 27 with the Committee making final decision on Concept Design April 28th.**

***We have researched a list of School Mascots and Colours from other high schools in the North Central District (teams we would likely compete against). This will help us eliminate possible choices so we don't duplicate—we want to be original 😊**



COVID RAPID ANTIGEN TESTS for STUDENTS

These were offered to students early this week. Your child had the opportunity to bring home 1 box which contains 5 rapid COVID tests. Contact the office if you did not receive yours and would like a box.

PARENT PORTAL

THE PLACE TO CHECK FOR:

1. ATTENDANCE
2. CONTACT INFORMATION NEEDING UPDATES
3. REPORT CARDS- PORTAL ACCESS - PAPER COPIES ONLY BY REQUEST FOR TERM 2

QJS 2nd term ends March 11 and report cards come out April 14th. These reports will be available on the MYEd Parent Portal. Paper copies available by request only this time. Please contact the office if you would like a paper copy or would like help accessing the Parent Portal.

ZONE CHAMPIONS!

Congratulations to the grade 9 boys basketball team, bringing home the trophy to QJS. Way to work together guys!

Thanks so much to Mr. Tobin for coaching the team.



POD Challenge Belt

Winter Weekly POD Challenge Series: First Ever QJS Skipping Challenge

Short Rope Challenge Winner ~ Brooklynn Olson – POD 7
Long Rope Challenge Winners ~ POD 3



Next Week's Challenges:

PI Day Fundraiser

Monday, March 14th 12:00

\$1 per ticket to get a chance to throw a pie.

All proceeds go to supporting QJS Breakfast Club

(cash/cheque donations to QJS Breakfast Club always gratefully accepted)

Epilepsy Awareness Fundraiser ~ Cookie Sales (\$1 each) and Wear Purple Day

Wednesday, March 16th 12:00

Thanks to Ms Sharpe - Creator of the POD Challenge Belt



POD Challenge Series Organized by Student Voice Group

~ Thanks for your leadership, team!





NEW: IN THE PARENT'S CORNER **Information for Parents**

****Helpful links and information***

Got Questions or Concerns? How to get help?

Here at QJS we work together with families and students to create solutions for concerns both academic and social/emotional.

Step 1 - Contact the teacher(s) with your questions and concerns

Step 2 - Meet with teachers and Principals to create support plans

School-Student Problem Resolution Process

(SD#28 Policy 505)

CRISIS in the UKRAINE – How to talk about this difficult topic with children? Maybe this might help.

Many of you have reached out to ask if we have age appropriate resources for supporting students regarding the crisis in the Ukraine. The resources below provide tips for teachers and parents that we hope are helpful.

[How to Talk to Kids About Violence, Crime, and War:](#) Common Sense Media gathers tips and conversation starters to help you talk to kids of different ages about the toughest topics.

[Resilience in a time of war: Tips for parents and teachers of elementary school children:](#) This article from the American Psychological Association can help adults guide their young children beyond fear and to resilience.

[Resilience in a time of war: Tips for parents and teachers of middle school children:](#) The American Psychological Association breaks out

tips and strategies for parents and teachers of middle school-aged children.

[National Child Traumatic Stress Network](#) provides resources that can be filtered by topic or keyword and by audience with a focus on how adults can identify traumatic responses in young people and how to support them.



Nuts & Scents
Free School



Upcoming Dates:

- Gr 9s CSS Counselor visits to for course selections:
March 9 + 10
- March 10 Locker Clean Out
- March 11 Term 2 ends
- March 14 Pi Day Fundraiser
- Epilepsy cookie Sales March 16
- Spring Break March 20-April 3
- April 14 Term 2 Report Cards – Portal Access (hard copies available only by request)
- Easter Long Weekend April 15-18

PAC UPDATE: Next Virtual MEETING

Tuesday, March 8, 2022 7:00 p.m.

Join us in the Google MEETING by clicking the link

<https://meet.google.com/fci-jxqs-xow?hs=122&authuser=0>

2021-2022 Executive:

Melissa Gonzales - President

Kellie Olsen- Vice President

Melissa Gonzales- Secretary

Shawna Mckenzie- Treasurer

New PAC email address - PACatQJS@gmail.com



Visit the QJS Parent Advisory Council Facebook Page

<https://www.facebook.com/QJS-Parent-Advisory-Council-PAC-107601454861758>

Reminders:

- Daily Health Check and What to Do When Sick (see link) [daily-health-check---jan-2022.pdf \(gov.bc.ca\)](#)

***Stay home if you are unwell**

CLOSED CAMPUS

Sign in and Sign out Procedures

Students remain on campus unless a parent/guardian picks them up.

Picking up your child? Call the office (250-747-2103) to let us know you are here to pick up your child. We will give your child a **permission slip to show staff we have recorded them absent at the office. Returning or late? Come to the office and let us know you are here.**

**NEW QJS MASCOT and LOGO –
Idea Generation Phase**

**hand in your submission to the office*

Name _____ POD _____
(first and last name)

My idea for the new QJS Mascot is:

My reasons:

My colour suggestions are: _____

Because: _____

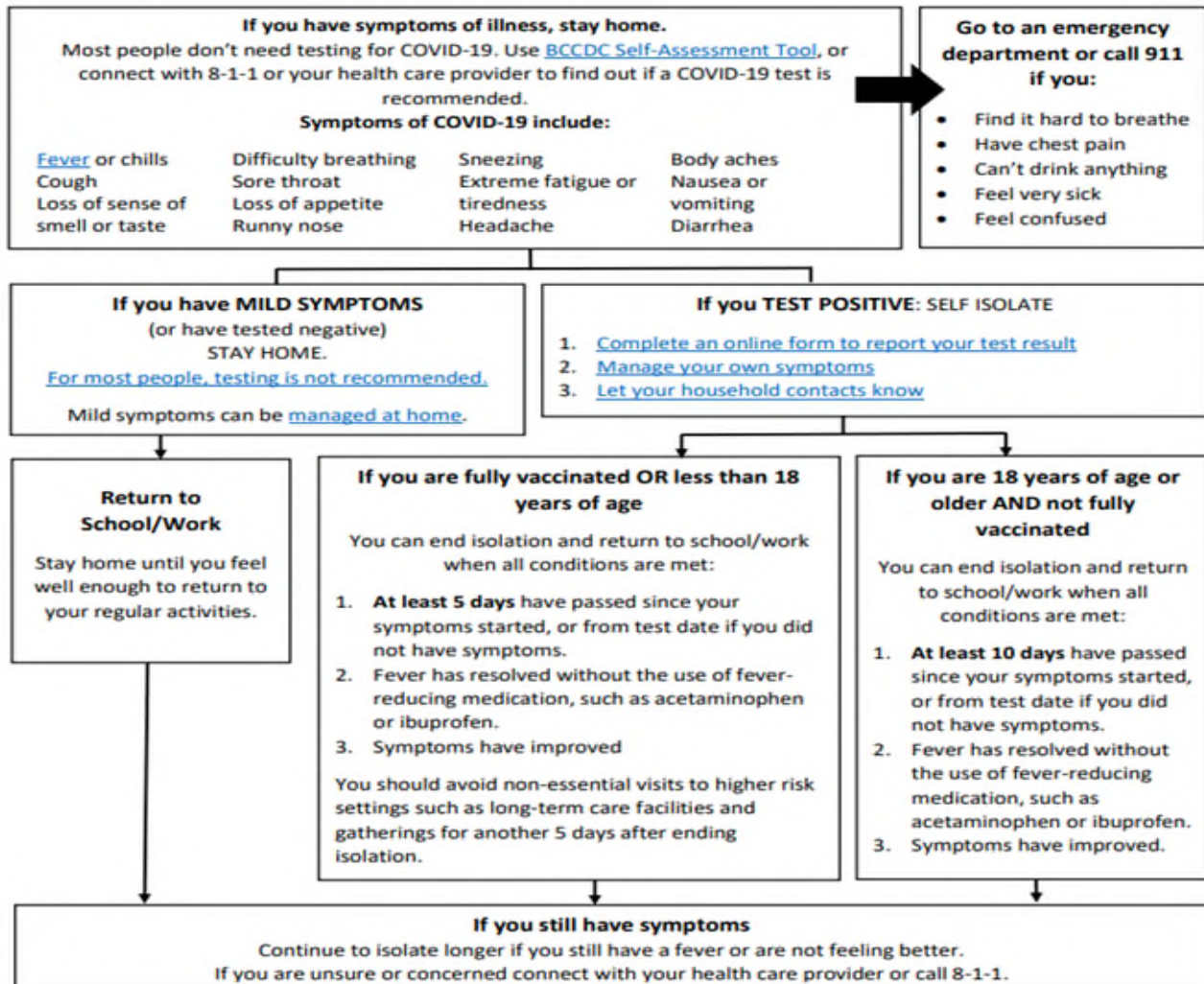
Possible Design (draw on the back of this)

**Community Member
Submissions
Welcome.**

**Please include your
contact information
with your submission.*

*Hand in submissions
to the QJS Office
before **March 18!**
Late entries cannot
be considered.*

Summary: What to Do When Sick



What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: Getvaccinated.gov.bc.ca



Let us help your child resolve the problem. We work with families and students to resolve issues. Do you know about something going on? Please let us know.

Contact us:

Mrs. Simpson 250-255-6057

Mr. Loewen 250-991-9681

Office 250-747-2103