

This Week at QJS May 12, 2023

**Where we Live, Laugh and Learn the way of our Nations with
*Responsibility, Respect, Cooperation, and Kindness***



QJS sports teams in action: Badminton, Golf, and Track and Field.



Track and Field Team Competed in PG

Congratulations to the QJS Track and Field team who, despite the weather, had an excellent showing at the Sub-Zero Track meet in Prince George this weekend.

Several athletes placed in the top three, had personal best and two athletes set new meet records. Noah Barry in the Triple Jump with a distance of 10.81m and Landon Cherry in Shot Put with a distance of 10.54.

Great job to all the athletes!

Thanks to all the coaches and parents who help make this happen.

Badminton Team Competes in PG Congratulations Athletes.



Homework Block



Where?

Ms. Scott's Room
Room 125

When?

Thursday D Block
Term 3

Why?

If you need help with
homework or studying!
If you are behind in class and
need help getting caught up!

Remember!

Ask your teacher before you
come, they may want you in
class!

Bring

Something to work on
Pencil/Pen
Paper
Calculator



GLEE CLUB:

**Performing Live at the
Farmer's Market
(Helen Dixon Center),
Saturday, May
13th**



CLOSED CAMPUS : Designed for Student Safety

**To avoid confusion please familiarize your family with the school
Sign in and Sign out Procedures**

Students are to remain on campus unless a parent/guardian picks them up.

Picking up your child? No problem ☺

Call the office (250-747-2103) to let us know you are here to pick up your child. We will give your child a **permission slip to show staff we have recorded them absent at the office.**

Returning or arriving late to school? Come to the office and let us know you are here.



Moose Hide Campaign Community Event

Quesnel Tillicum Society hosted a community event at the College of New Caledonia on Thursday May 11, 2023. QJS Students participated proudly in this event.



What's Going On In Classes?

Drama Tech ~ Fairy House Set Design



POD 4 Humanities Projects



**Demonstrating learning
in creative ways is
another way of assessing
knowledge.**



French Immersion World Studies: Inca quipu making



Gardening Getting Started – French Immersion classes planting



**QJS Online Art Auction ~
May 4th -8th Now closed
Thanks for the support!
Hope you enjoy your items.**





Nuts & Scents
Free School



***Special Note - Serious Health Risks:**

All School District buildings are scent free. Students intentionally disregarding the district scent free policy put others at risk and will be sent home. Students should leave scented products at home. Scented products at school may be confiscated and disposed of.

This is becoming an increasing problem. Please speak with your students about the need to respect the health of others.



IN THE PARENT'S CORNER **Information for Parents**

**links and information*

***Parent Portal Access for Attendance or Report Cards: Contact the office
if you need help getting access to the Portal.
250-747-2103***

Next PAC Meeting June 12, 2023
QJS Library 7:00

2022-2023 Executive

Melissa Gonzalez – President
Philippa Murray – Vice President
Kim Scott – Secretary
Treasurer - **STILL NEEDED**



Consent Education ~ Ministry of Education BC

<https://www2.gov.bc.ca/gov/content/safe-campus-bc/what-is-consent?keyword=consent&keyword=education>

It can be confusing for students to know when there is consent to participate in sexual activities. Here is some information that can help you start a conversation with your child.

Consent is not

Assumed



Being in a relationship or having a sexual history with someone does not imply consent. Communicating about consent is always necessary.

Pressured



If you have to convince someone to say "Yes" OR if they are afraid to say "No", then you don't have consent.

Silent



The absence of "No" is not a "Yes". Pay attention to your partner's body language and non-verbal cues.

Incapacitated



You can't get consent from someone who is asleep, unconscious or incapacitated.

Consent is

Active



Just because they didn't say "No", doesn't mean you have consent. Only "Yes" means "Yes".

A Choice



Everyone has the right to feel free to say "Yes" or "No" without pressure, threats, or manipulation.

A Process

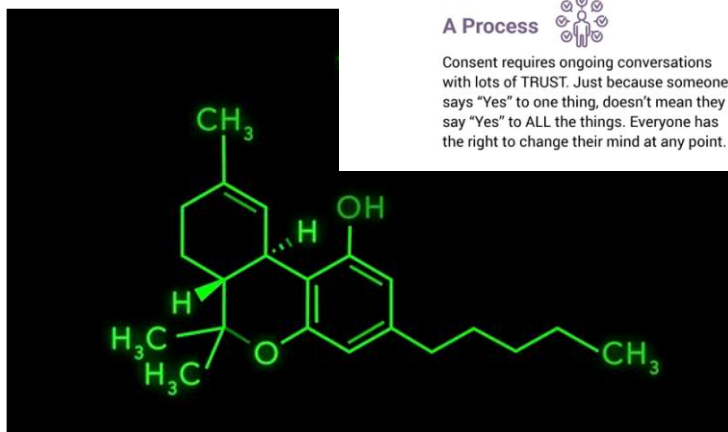


Consent requires ongoing conversations with lots of TRUST. Just because someone says "Yes" to one thing, doesn't mean they say "Yes" to ALL the things. Everyone has the right to change their mind at any point.

Based on Equal Power



If someone is under-age, drunk, asleep, unconscious or you occupy a position of power or authority over them, they cannot consent.



A "Weed Talk" Made Easy

Many of you know that the courts ordered JUUL Labs, Inc. to pay \$463 million to six states for their nefarious marketing practices towards teens (you can learn more about their nefarious marketing practices in [Screenagers Under The Influence](#)). The ongoing high rate of nicotine use among youth is incredibly sad and problematic. Besides the problems with this practice, a study showed that **teens who report using e-cigarettes were 3.5 times more likely to report using cannabis than non-e-cigarettes users.**

[Today, I'm writing about cannabis](#) — or, as teens mainly refer to it, weed. Weed is by far the most common term. "Pot" is rarely used by younger people. [I have worked hard in my clinic to refrain from using that word. I also do not use the term marijuana](#), although that

term often gets used in research papers.

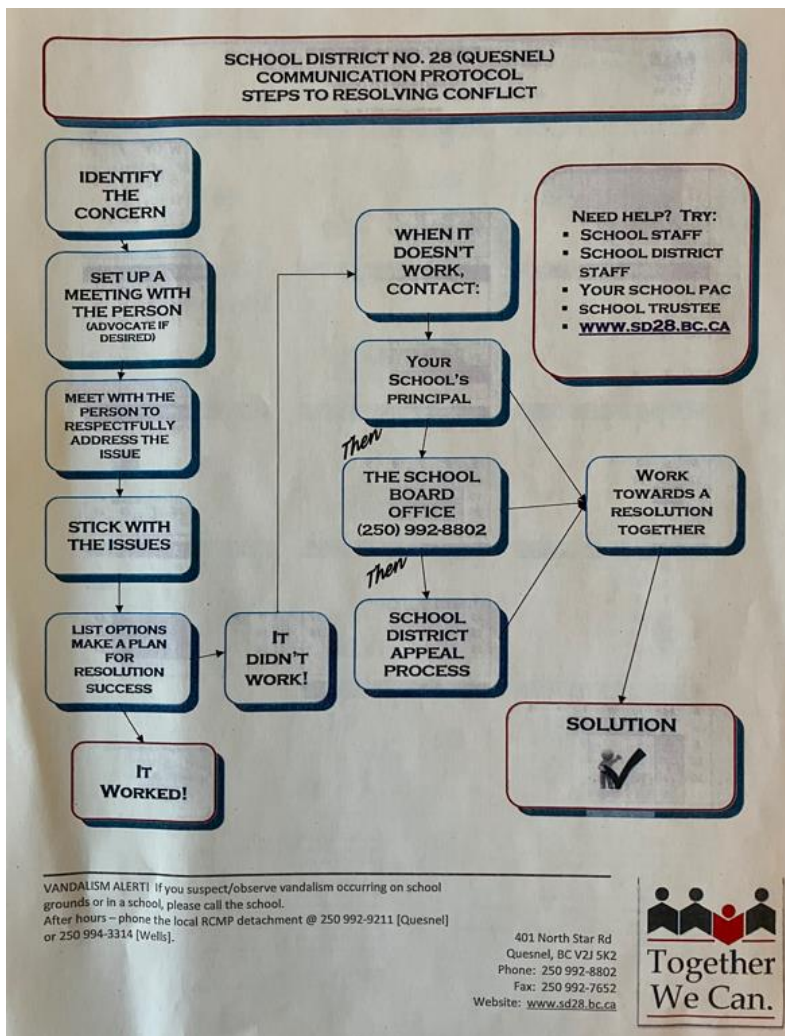
When to start raising the topic of weed? Around age 10 is my recommendation.

[In today's blog](#), I address **four important topics/ questions related to cannabis to discuss with youth in your life.**

Questions to get the conversation started:

1. What have you seen or heard regarding what people have posted about weed on social media?
2. Do you get the sense that many people don't see many risks regarding cannabis?
3. What do we think about these new THC concentrations?
4. What do you think about the finding that 27% of teens who report having used cannabis at times say that they have experienced some type of hallucination?

Look for a new section, [Community Information](#), following the usual end of the newsletter (Expected Behaviours for Students – Handbooks and Code of Conduct links)



Got Questions or Concerns?

We always want to know and try to help resolve issues. Our most effective resolutions come from working together with those directly involved with the concern.

At QJS we work as a team to support your children.



Please let us know if your child is having difficulties with other students at school, so that we can help support them. They can also report using the anonymous link below. Each report is followed up by the school identified.

[Anonymous reporting tool for students | Report It Erase \(\[gov.bc.ca\]\(http://gov.bc.ca\)\)](#)



Masks are still available at the office and may be worn by anyone who wishes to wear one.



****If you have concerns or would like support for your child please contact one of our counselors:**

Grade 8 Peterjespersen@sd28.bc.ca

Grade 9 Jenniferstevenson@sd28.bc.ca



Do you know about something going on? Please let us know.

We work with families and students to resolve issues.

**Contact us: Mrs. Simpson 250-255-6057,
Mr. Loewen 250-991-9681,
Office 250-747-2103**

School safety is a shared responsibility that requires cooperation, collaboration and communication.

For more resources on bullying, what it is and what to do.

Check out: <https://www2.gov.bc.ca/gov/content/erase>
<http://www.sd28.bc.ca/content/bullying-concerns>

Questions?

Classes? If you have question or concerns please email your child's classroom teacher(s).

Other problems? Email school counselors for help

Gr. 9 Ms. Stevenson jenniferstevenson@sd28.bc.ca,

Gr 8 Mr. Jespersen peterjespersen@sd28.bc.ca

Expected Behaviours For Students:

Schools have a responsibility to work with students and families to create safe, caring learning environments. Therefore, students are expected to know and follow the behaviours outlined in the District #28 and QJS Codes of Conduct. (In Student and Parent Handbooks located on our Quesnel Junior School website [Quesnel Junior School - Home \(sd28.bc.ca\)](http://sd28.bc.ca))

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Community Information

***see below

Quesnel Pride Society LGBTQ2S+ Youth and Allies **Youth Bowling** Ages 10 to 19 years

Wednesday June 7 from 330 pm to 630 pm at REV Bowling

Reserve your Youth Bowling ticket NOW by registering at
<https://www.quesnelpride.ca/events>

**REGISTER BY MAY 20 TO RECEIVE A FREE
QUESNEL PRIDE TEE IN YOUR SIZE!**

Event entry includes:

- Free Pride tee!
- Free PIZZA!
- Free Pop!
- Bowling! Games! Prizes!



Quesnel Pride Parade Saturday June 10

Starting at 12:00 at the Library



All community members welcome.



Dear Parents,

Please take the time to fill out and join the CPF membership.

The reasons for signing up for the **CPF membership**:

- The money from memberships comes back to the school and goes directly into supporting French Immersion Students.
- Becoming a member shows the government that parents are invested in their child's French Immersion learning.
- Being a member is a passive way to tangibly support your child without having to commit to anything else.
- Access to seminars to help students and parents learn French or French supporting material.
- Allows the Federal body to know that our chapter is very committed to FI and will provide more access to teachers, and students as well as funding.

Many parents feel if they do not speak French they will not be able to support their child, however your child will learn methods to get help making them more reliable and self sufficient. You don't need to know any French for your child to succeed at French Immersion.

Please see the attached **FaQ sheet** on French Immersion.

For kindergarten parents the first year is free, all you need to do is fill out the form and then we will pay the year membership.

<https://cpf.ca/en/join-cpf/>

Volunteers and the importance of having an active chapter:

Our chapter is at risk of folding due to not enough memberships and not enough volunteers.

We are always looking for parents to help the CPF chapter, we are at risk of folding and would appreciate any help that we can get. Without parent help and without an active board we will not have a chapter which in turn means we will not receive sociocultural grants from the federal government.

We look forward to any comments you may have and happy to have any new parents' step into a volunteer board member.

Sincerely,

Jeannie Martins,