

# This Week at QJS May 26, 2023

Where we Live, Laugh and Learn the way of our Nations with  
*Responsibility, Respect, Cooperation, and Kindness*



## QJS sports teams in action: Badminton, Golf, and Track and Field.

Teams have been competing in both PG and Quesnel. Congratulations to all QJS Athletes who represent our school with dignity, pride, and great sportsmanship. Thanks to all the coaches, teachers and parents who generously share their time with our students.



# Second Annual Memorial Walk

*"Remembering the children who never made it home  
from the Residential Schools."*

**Quasnel Junior School**

All are welcome to walk with us  
in the footsteps of our ancestors

May 26, 2023

Ceremony at 10:30 AM in gymnasium  
Memorial Walk to follow at 11:00

**Smudge Room Blessing 9:30 am**  
**Elders Tea 9:00 am – 10:20 am**



- ✚ Remembering & honoring Children Who Did Not Return Home
- ✚ Remembering & honoring Survivors of Residential Schools
- ✚ Bringing awareness to our community
- ✚ You're welcome to bring your drums and signal!
- ✚ Please wear orange in support!
- ✚ Walk, rain or shine

✚ Contact Karen or Tracy for more information: [\(250\) 747-2103](tel:2507472103)

## 2<sup>nd</sup> Annual Memorial Walk

Staff, students and community members took time to honor and remember survivors and children who did not return home from Residential Schools.



## **Blessing and First Ceremonial Smudge in our new QJS Smudge Room**

**Thank you to Elder Bryant Paul for leading this ceremony.  
A very proud day.**



**Memorial Walk Ceremony with Elders and Drummers.  
Thank you for teaching us and helping us understand the  
Residential School Survivor experience.**







Thanks to Ms. Green, Ms. Telford and Ms. Scott who organized this event, and to all those community members who shared their stories with our students.

Other district schools have begun their own Memorial Walks (spreading the care and growing our understanding).

## Student Volunteers Making a Difference



**2<sup>nd</sup> Annual Memorial Walk to Remember and Honour Indian Residential School Survivors and all those children who never came home.**





## **QJS School Garden Planning Committee Meeting**

**Anyone interested in being part of the new QJS School garden committee. This could be staff, students, parents, community and/or band members. Welcome to all those with green thumbs who would like to help green and grow our school.**

**Wednesday, May 31, at 3 pm in room 114.**

### **Expected Behaviours For Students:**

**Schools have a responsibility to work with students and families to create safe, caring learning environments. Therefore, students are expected to know and follow the behaviours outlined in the District #28 and QJS Codes of Conduct. (In Student and Parent Handbooks located on our Quesnel Junior School website [Quesnel Junior School - Home \(sd28.bc.ca\)](http://sd28.bc.ca) )**

### **CLOSED CAMPUS : Designed for Student Safety**

**To avoid confusion please familiarize your family with the school Sign in and Sign out Procedures**

**Students are to remain on campus unless a parent/guardian picks them up.**

**Picking up your child? No problem 😊**

**Call the office (250-747-2103) to let us know you are here to pick up your child. We will give your child a **permission slip**.**



## QJS PAC Student Cell Phone Survey



While there are potential instructional benefits of using cell phones in schools and classrooms, there is also research revealing that improper use can negatively impact student behaviour, learning, and well-being.

The purpose of this survey is to learn more about the use of student personal cell phones in our school and how to best support students with establishing healthy habits and choices surrounding technology usage in their school setting.

Please complete the following survey by clicking the link below.

We would love to hear from you. Please feel free to send additional comments, concerns or suggestions to [pacatqjs@gmail.com](mailto:pacatqjs@gmail.com).

Take our QJS PAC Cell Phone Survey and share your thoughts:

<https://www.surveymonkey.com/r/QGGHQ6Z>



Nuts & Scents  
Free School



### **\*Special Note - Serious Health Risks:**

All School District buildings are scent free. Students intentionally disregarding the district scent free policy put others at risk and will be sent home. Students should leave scented products at home. Scented products at school may be confiscated and disposed of.



## IN THE PARENT'S CORNER

### Information for Parents

*\*links and information*

***Parent Portal Access for Attendance or Report Cards: Contact the office  
if you need help getting access to the Portal.  
250-747-2103***

**Next PAC Meeting June 12, 2023**  
**QJS Library 7:00**

#### **2022-2023 Executive**

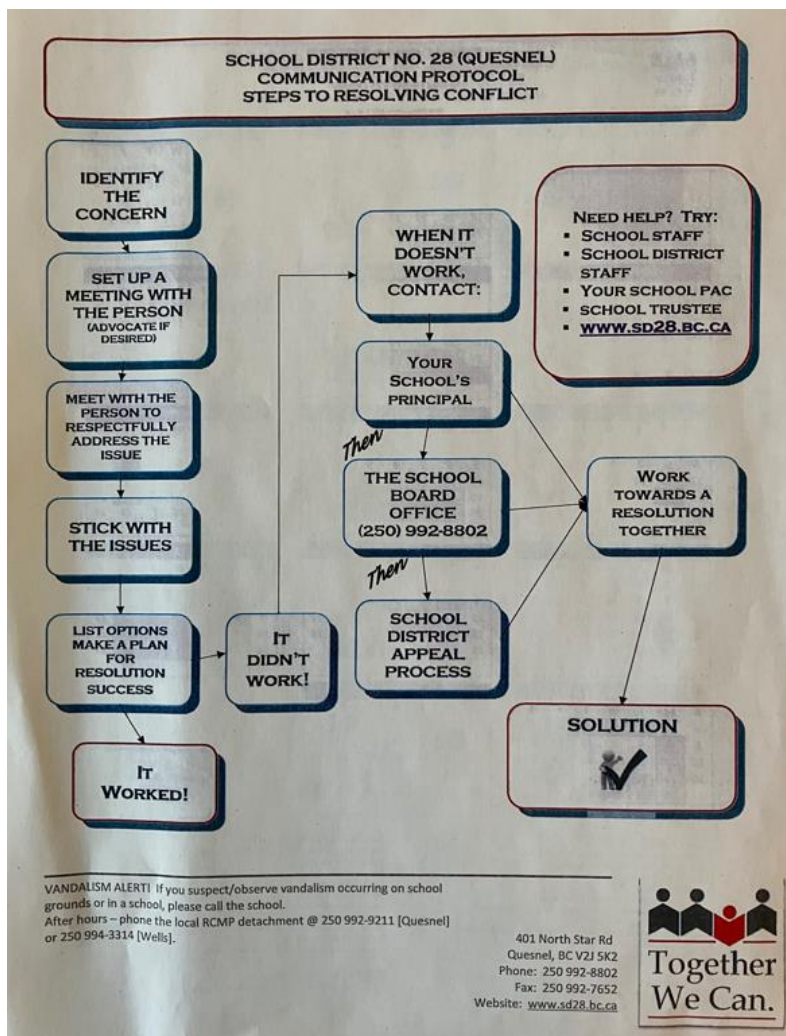
Melissa Gonzalez – President  
Philippa Murray – Vice President  
Kim Scott – Secretary  
Treasurer -



**Look below for**

### **Community Information**

**~following the usual end of the newsletter (Expected  
Behaviours for Students – Handbooks and Code of Conduct links)**



## Got Questions or Concerns?

We always want to know and try to help resolve issues. Our most effective resolutions come from working together with those directly involved with the concern.

At QJS we work as a team to support your children.



Please let us know if your child is having difficulties with other students at school, so that we can help support them. They can also report using the anonymous link below. Each report is followed up by the school identified.

[Anonymous reporting tool for students](#) | [Report It Erase \(gov.bc.ca\)](#)

**\*\*If you have concerns or would like support for your child please contact one of our counselors:**

Grade 8 [Peterjespersen@sd28.bc.ca](mailto:Peterjespersen@sd28.bc.ca)

Grade 9 [Jenniferstevenson@sd28.bc.ca](mailto:Jenniferstevenson@sd28.bc.ca)





**Do you know about something going on? Please let us know.**

**We work with families and students to resolve issues.**

**Contact us: Mrs. Simpson 250-255-6057,  
Mr. Loewen 250-991-9681,  
Office 250-747-2103**

**School safety is a shared responsibility that requires cooperation, collaboration and communication.**

**For more resources on bullying, what it is and what to do.**

**Check out: <https://www2.gov.bc.ca/gov/content/erase>  
<http://www.sd28.bc.ca/content/bullying-concerns>**

## **Questions?**

**Classes? If you have question or concerns please email your child's classroom teacher(s).**

**Other problems? Email school counselors for help**

**Gr. 9 Ms. Stevenson [jenniferstevenson@sd28.bc.ca](mailto:jenniferstevenson@sd28.bc.ca),**

**Gr 8 Mr. Jespersen [peterjespersen@sd28.bc.ca](mailto:peterjespersen@sd28.bc.ca)**

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# FIRST SHIFT PROGRAM

In partnership with Bauer, Hockey Canada and the NHL Players Association

Registration Opens June 1st

REGISTER AT:  
FIRSTSHIFT.CA/LOCATIONS

**Program Cost: \$299**

Players Receive new head to toe Bauer equipment & On-ice instruction

Program Starts November 6 and runs through to March

More info: qdmha@shaw.ca



## SCHOOL PHYSICAL ACTIVITY AND PHYSICAL LITERACY PROJECT



ISPARC  
Indigenous Sport,  
Physical Activity & Recreation Council

### Upcoming Online Workshops for Educators Working with Indigenous Students

Looking to learn more about Indigenous Ways of Knowing when it comes to physical activity and physical literacy? Join us for one, two or all three of these **free** Zoom workshops through May and June – choose the date for each workshop that works best for you!



#### An Indigenous Approach to Getting Started with Physical Literacy Workshop

Brings local Indigenous storytelling that honours the First Peoples' Principles of Learning to basic physical literacy theory. 90 minutes

Tuesday May 16th, 12:00-1:30 p.m. PST

Tuesday May 23rd, 3:00-4:30 p.m. PST

Monday June 5th, 12:00-1:30 p.m. PST

Friday June 9th, 3:00-4:30 p.m. PST



#### Holistic Model for Educators

Based on the medicine wheel's core values and teachings, learn to further the physical literacy of Indigenous learners by teaching beyond the physical to the emotional/intellectual, cultural and spiritual. 90 minutes.

Thursday June 1st, 3:00-4:30 p.m. PST

Tuesday June 6th, 3:00-4:30 p.m. PST



#### Motivation Strategies for Indigenous Learners

This new workshop works towards an understanding of what physical literacy is, how building confidence and competence increases motivation for physical activity, and how educators can build supports for students' motivation. We look at challenges and barriers, consider ways to support students where they are at, understand their needs in a holistic manner, and discuss strategies to meet those needs. 2 hours.

Thursday May 18th, 3:00-5:00 p.m. PST

Friday May 26th, 12:00-2:00 p.m. PST

Thursday June 8th, 12:00-2:00 p.m. PST

### Information and Booking

Contact **Alex Dolen**, Project Manager, School Physical Activity and Physical Literacy project at [adolon@isparc.ca](mailto:adolon@isparc.ca).



ISPARC  
Indigenous Sport,  
Physical Activity & Recreation Council



**QUESNEL**

- Let's go play on our bikes!
- Skill-Focused group rides
- Safe & supportive environment
- Bring your own equipment
- NCCP Club-trained and certified coaches

For children 7-12 years old (skill levels 3 and 4) who wish to make new friends and learn basic mountain bike skills.

**WEST FRASER  
TIMBER PARK**

5x Tuesdays  
May 23, 30, June 6, 13  
3:30 - 5:30 PM

\$80 + HopOn Membership  
30 Spots Available

LEARN MORE AT [CYCLINGBC.NET/HOPON](http://CYCLINGBC.NET/HOPON)