

This Week at QJS Nov. 26, 2021

Where we Live, Laugh and Learn the way of our Nations with
Responsibility, Respect, Cooperation, and Kindness



QJS Music Class enters the CBC Music Class Challenge

*Check out the results of their work ~
Congratulations Ms. Mamela and Team*



"Knocking at the Door" - Quesnel Junior School #CBCMusicClass

We are very excited and grateful to be part of the CBC Music Class Challenge for the fourth year. Quesnel Junior School is made up of all the grade 8 and 9 students in Quesnel. We are located in the center of BC, in the heart of the Cariboo and on the Lands of the Lhtako Dené. Knocking at the Door was a song we identified with as it is about ...

www.youtube.com



**Lots of Laughs in Band
Classes go with hard
work and PRIDE!**

WorkBC

FIND YOUR FIT



TOUR

EXPLORE IN-DEMAND CAREERS



The WorkBC Find Your Fit tour is coming to your school.

The WorkBC Find Your Fit tour is an interactive event where you can try the skills you'll need for different careers that are in demand in your region and across the province.

This hands-on program will help you apply real life experiences to your career planning.

Where: Quesnel Junior School

When: December 2 & 3 2021

Find more information at [WorkBC.ca/FindYourFit](https://www.workbc.ca/FindYourFit)

Find Your Fit school sessions follow a COVID-19 health and safety protocol plan such as enhanced sanitizing and cleaning procedures, use of PPE equipment by all tour staff, decreased student touch points and operating at a reduced capacity to accommodate safe physical distancing measures.

WorkBC Tour Coming to QJS

Dec. 2-3

Each student has a 30 min rotation to go through the interactive stations.

Students get a chance to explore various career opportunities to help them plan for their future.

LUNCH ACTIVITIES:

Mon/Wed/Fri – Open Gym

Tues: Indigenous Voice Leadership Group - Port 5

Wed: Rainbow Club - Room 201

Fri: Board and Card Games – Room 306

With snow comes snowman building: mini and macro!



Special Meeting Indigenous Voices Group



Wednesday, November 24th, 62 QJS Indigenous students gathered to share their perspectives on what is and what is not working for them here at QJS. They also made suggestions for improvements. These voices will influence the work we do to help students feel more successful here at QJS. We welcome more suggestions and ideas from students and families.

****Reminder, regular meetings of Indigenous Student Voice meets Tuesdays at lunch in Portable 5.***



New Staff Member: Indigenous Education Support Worker (IESW)

We would like to welcome Tanya Joyal to our QJS team. Tanya will join us to provide support for our Indigenous Students. Tanya will work primarily with our Grade 9 students and families while Karen Green will continue to work primarily with our Grade 8 students and families.



Locker Reminder

Time to bring home gym strip for washing and remove old food and garbage. Things can get stinky quickly ;-)

Employment Opportunity:

Noon Hour Supervisor Position

Like to spend time with young people? Want to be part of making our school a safe place to be? Interested in joining our QJS Team?

Basketball Teams preparing for Tournaments!



PAC UPDATE:

Next meeting Tuesday, Dec. 7th 7:00

2021-2022 Executive:

Melissa Pollock- President
Kellie Olsen- Vice President
Melissa Gonzales- Secretary
Shawna Mckenzie- Treasurer



New PAC email address - PACatQJS@gmail.com

To get more information you can visit the QJS Parent Advisory Council Facebook Page <https://www.facebook.com/QJS-Parent-Advisory-Council-PAC-107601454861758>

PURDY'S Chocolates Order closes Monday!



Purdy's Chocolate Fundraiser!

-Dec 13 pick-up/delivery.

Link <https://fundraising.purdys.com/658058-87470>

Shopping for QJS clothing? Order NOW... Last of the QJS Spartan wear.

School Apparel: Clothing items for purchase, go www.idealembroidery.ca to the "CUSTOM SHOP" tab

Username: Idealshop


Password: qjs2021




QJS
Hoodie With Left Chest Logo
\$41.00*
Available Sizes - Small to 4XL
*Sizes 2XL and over add \$4.00
See Specs 



QJS
Adjustable Poly-Cotton Mask
\$18.00
Available Sizes - Small, Large and XL
See Specs 



QJS
Brushed Cotton Bucket Hat
\$22.00
See Specs 

Upcoming Events:

December 3 – Term 1 ends

December 16 – Report Cards sent home

December 17 – Last day before the Christmas Break

January 4, 2022 – First Day back

Tru Earth Fundraising Store (QJS)

Shop for Christmas and support our school

<https://fundraising.tru.earth/qjsPAC>

A BC company making a difference environmentally and socially.



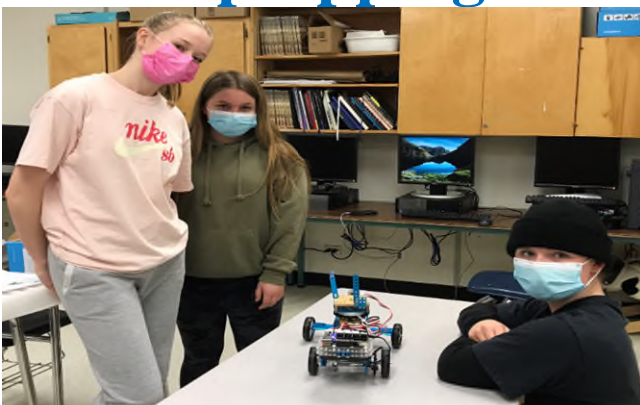
About Tru Earth

Tru Earth launched in April of 2019 by three friends in British Columbia Canada who had a vision to reduce the number of plastic laundry jugs that end up in landfills every year. Every year 700,000,000 laundry jugs are unable to be recycled and end up in landfills. To date Tru Earth and our community of Change Makers have helped reduced this by 2 million with our revolutionary laundry strip technology.



What's going on in Classes?

Teams prepping for the Robot Battles ...





NEW: IN THE PARENT'S CORNER

Information for Parents

**Here we post some links and information we hope you find helpful.*

[Parent-Presentation.pdf](#) For more information on this topic, check out the whole presentation.



SAFER SCHOOLS TOGETHER

Social Media Parents Checklist

- Call a Digital Family Meeting - set rules and expectations for behaviour with technology
- Draft a Social Media Contract
- Have a central charging station (e.g. your room, kitchen table) – keep devices out their bedrooms!
- Have your child write a paragraph about why they should have a phone or be able to download an "app"
- Set up the accounts WITH them
- Set limits on technology use – if you meet resistance, remind them who pays for the phone or device – Monitor apps seen in presentation!
- Know their passwords! Sealed envelope of passwords on the fridge if applicable
- Buy, Use and Teach your child to use an old-fashioned alarm clock
- Set parental controls: Phone, Tablet, Computer
- Google yourself and your child. What is out there about you and your family?
- Review privacy settings on all social media accounts. Set Instagram as private!
 - Check Instagram "DIRECT" mailbox and read the comment section of pictures and posts
- Explore strategies of what to do when a stranger talk to them online. Remind them that you won't be upset and you are just looking out for their safety
- Ask your child what social media platforms are popular and why – take a keen interest to help open up dialogue
- Actually, read the privacy policies and terms of service with your child
- Discuss both the positives and negative uses of social media
- Remind them of the permanence and public nature of all things shared electronically
- Discuss the dangers of sharing intimate (sexting) photos
- Discuss the difference between a healthy and unhealthy relationship
- Be mindful of and know what VAULT apps look like
- Are location services turned OFF for camera and social media apps – do any of their posts have a geo-tag attached?
- Put tape or Band-Aid on the laptop camera when not in use
- Make strong passwords for all accounts and emails – That includes YOU! Letters, numbers, and special characters!@#\$\$%^&*
- Set up and be ready to use Find my iPhone or Android Device Manager
- Educate Yourself - Search online for anything you don't understand
- Remember that your kids are growing up online! Help guide them
- Encourage your kids to create a positive digital footprint as they grow older





Nuts & Scents
Free School



Let us help your child resolve the problem. We work with families and students to resolve issues. Do you know about something going on? Please let us know.

Contact us:

Mrs. Simpson 250-255-6057,

Mr. Loewen 250-991-9681,

Office 250-747-2103

School safety is a shared responsibility that requires cooperation, collaboration and communication. For more resources on bullying, what it is and what to do. Check out:

<https://www2.gov.bc.ca/gov/content/erase>

<http://www.sd28.bc.ca/content/bullying-concerns>