**QJS RIVER HAWKS**

**FALL SPORTS SCHEDULE**

Note: Gr 8 girls will practice from 4:45-6:15 p.m. on Thursday, Sep 22nd.

Otherwise, this is the schedule until further notice (i.e. until the QJS gym becomes available).

**XC RUNNING**

Mondays & Wednesdays 3:30-4:30 p.m. at Correlieu. Athletes take bus # 16 or 18 from QJS. Coach: [ScottTrueman@sd28.bc.ca](mailto:ScottTrueman@sd28.bc.ca)

**VOLLEYBALL**

|  |  |  |  |
| --- | --- | --- | --- |
| **TEAM** | **PRACTICE LOCATION** | **PRACTICE TIMES** | **COACH** |
| Grade 8 girls | École Red Bluff Lhktako | Tues & Thurs 4:30-6:30 p.m. | [NoahVisser@sd28.bc.ca](mailto:NoahVisser@sd28.bc.ca)  [Kara.Kwasny@live.ca](mailto:Kara.Kwasny@live.ca) |
| Grade 8 boys | École Red Bluff Lhtako | Wed & Fri 3:15-4:45 p.m. | [RaeleeTresierra@sd28.bc.ca](mailto:RaeleeTresierra@sd28.bc.ca)  [EricaTolles@sd28.bc.ca](mailto:EricaTolles@sd28.bc.ca) |
| Grade 9 girls | Correlieu Secondary | Monday 7:30-9 p.m.  Thursday 5:30-7 p.m.  Friday 5:30-7 p.m. | [TodAnderson@sd28.bc.ca](mailto:TodAnderson@sd28.bc.ca) |
| Grade 9 boys | École Red Bluff Lhktako | Monday 3:15-4:45 p.m.  Wednesday 4:45-6:15 p.m. | [BrianaMiller@sd28.bc.ca](mailto:BrianaMiller@sd28.bc.ca) |

**SWIMMING:**

Athletes should speak to Mr.Trueman (Athletic Director) or email ScottTrueman@sd28.bc.ca