**QJS RIVER HAWKS**

**FALL SPORTS SCHEDULE**

Note: Gr 8 girls will practice from 4:45-6:15 p.m. on Thursday, Sep 22nd.

Otherwise, this is the schedule until further notice (i.e. until the QJS gym becomes available).

**XC RUNNING**

Mondays & Wednesdays 3:30-4:30 p.m. at Correlieu. Athletes take bus # 16 or 18 from QJS. Coach: ScottTrueman@sd28.bc.ca

**VOLLEYBALL**

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| **TEAM** | **PRACTICE LOCATION** | **PRACTICE TIMES** | **COACH** |
| Grade 8 girls | École Red Bluff Lhktako | Tues & Thurs 4:30-6:30 p.m. | NoahVisser@sd28.bc.caKara.Kwasny@live.ca  |
| Grade 8 boys | École Red Bluff Lhtako | Wed & Fri 3:15-4:45 p.m. | RaeleeTresierra@sd28.bc.caEricaTolles@sd28.bc.ca |
| Grade 9 girls | Correlieu Secondary | Monday 7:30-9 p.m.Thursday 5:30-7 p.m.Friday 5:30-7 p.m. | TodAnderson@sd28.bc.ca  |
| Grade 9 boys | École Red Bluff Lhktako | Monday 3:15-4:45 p.m.Wednesday 4:45-6:15 p.m. | BrianaMiller@sd28.bc.ca  |

**SWIMMING:**

Athletes should speak to Mr.Trueman (Athletic Director) or email ScottTrueman@sd28.bc.ca