**Sep 18 QJS-CSS XC parent notice**

Hi XC parents 🙂

XC season has begun! We had our 1st practice this past Thursday at CSS. Unfortunately, with the delayed start at QJS, and other variables, we have started later than is the norm and this has led to a time crunch getting info. to parents.  My apologies for any inconvenience. I do not yet have the contact information for all CSS parents, so I hope to reach the rest of our interested athletes & parents at practice this week.

Our first race is next Sat, Sep 24th at Cottonwood Island. Here is what you need to know, and do, in the coming days.

1. Practices this week will be Tuesday & Wednesday at CSS from 3:30-4:30 p.m.
2. Please review the 2022 XC handbook and Sep 14 parent letters; they are on the QJS website under Athletics. In particular, **I need the listed forms handed in ASAP**.
3. A $90.00 season fee must be paid ASAP. Cheques should be written to Quesnel Junior School (for CSS athletes too; I will sort out payment to CSS account later)
4. A $60.00 uniform deposit must be paid before I can hand out uniforms.  Post-dated cheque to QJS for Nov 30, 2022.
5. **Please let me know by Tuesday evening if your child(ren) will be competing at Cottonwood Island**.
6. You can NOT drive another parents' child(ren) unless all 4 steps of the volunteer application process are complete, and a QJS or CSS secretary has informed me that everything is in order. See QJS website---Athletics---Parent Volunteer information for details.
7. Our home race is Sat, Oct 15th at West Fraser Timber Park. I need volunteers so I can start planning. Please complete the volunteer sign-up sheet in the XC handbook (or email me) so I know who I can rely on for support. If you know others who can help, please ask them to email me too.

If you have any questions, please email me at [ScottTrueman@sd28.bc.ca](mailto:ScottTrueman@sd28.bc.ca)

Thank you,

Scott Trueman

QJS-CSS XC Coach