

June 9, 2022

Dear Parents/Guardians,

In September, your child will be among the first students in our brand new school. There are exciting changes that your child will notice upon arrival. We have a fantastic new, and larger gym, brand new sports equipment, and a new sports mascot and logo, the River Hawks.

We hope your child will embrace an opportunity to compete as a River Hawk (on a grade 8 or grade 9 team) in one of the many sports we offer at Quesnel Junior School, as sanctioned by BC School Sports:

Fall	Winter	Spring
Athletic Director: Mr.Scott Trueman	Athletic Director: Mr.David Ross	Athletic Director: Mr. Mathew Johnston
Cross Country Running *	Basketball	Track & Field *
Volleyball	Downhill skiing & snowboarding	Badminton
Swimming	Curling	Golf
	Gymnastics	

* Sport coached alongside CSS grade 10-12 team.

One of the challenges we face each year is recruiting volunteers. If you think you *might* be willing to act as a volunteer, completing the required steps now will allow us to hit the ground running in September.

We have updated our Quesnel Junior School website to assist coaches, general volunteers, volunteer drivers, and our school community, access important school sports information, and documents. Please take a few minutes to review the site.

General volunteers

If you would like to act as a volunteer:

- Click on the Athletics top tab
- Click on Volunteer Information
- All volunteers must complete a Criminal Record Check using the School District No.28 link (also on this page).
- Do NOT go to the RCMP detachment to complete your application.
- After you have submitted your application, please email Scott Trueman (Athletic Director) with your application code as this will be referred to in the interim period, pending your approval.

Volunteer drivers

At the bottom of the Volunteer Information page is a list of the 4 steps that each volunteer driver must follow to become an approved driver of student-athletes. Please note that parent/guardian(s) can only drive their own child(ren) unless they are approved. Grandparents can NOT drive their grandchildren unless they are approved as volunteer drivers. You must also ensure you have adequate seat belts for each passenger and use winter tires from October 1-April 30, as per BC law.

Coaches

Coaches are required to complete a Criminal Record Check, and a short online course about concussions. The concussion course (CATT) can be found on the website under Athletics---Coach's Corner and usually takes about 45 minutes to complete. They must likewise complete driver paperwork (see above) if they are transporting athletes.

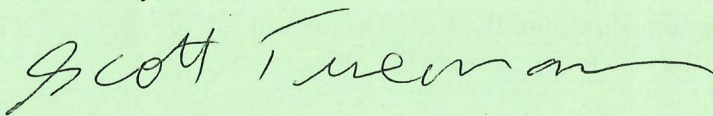
Parents

If your child wishes to try school sports in the Fall, please encourage your child to stay active in July and August. Sport practices and competitions start earnestly shortly after school start up and often the students who stay fit over the summer months experience greater enjoyment, and success. Immediately after school commences in September, I will work with coaches to establish practice times, and each coach will then communicate other details about their season (costs, tournament dates, race schedules, etc.) to athletes and parents.

In September, I will meet with students in the gym to assist them with school sports sign-up. Mr. David Ross will be Athletic Director in the Winter and Mr. Mathew Johnston will be Athletic Director in the Spring.

If you have any questions about athletics at Quesnel Junior School, please contact me via phone at 250 747-2103 ext. 118 (school), or email ScottTrueman@sd28.bc.ca

Sincerely,



Mr. Scott Trueman
QJS Athletic Director